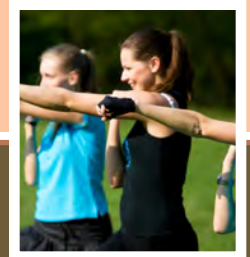


# Have Your Cake and Eat It, Too !

It's every brides dream to be the envy of all on that special day. Looking your best is an important step in making that dream come true.

Our Get Fit Bridal Boot Camp will whip you into shape, help you reduce stress and drive your groom wild on your wedding day... and for years to come!

*\*Could your husband-to-be use a little sculpting before the big day? Our custom programs can be built to work with brides, grooms, the wedding party or family & friends.*



## GET FIT BRIDAL BOOT CAMP

[www.GetFitBridalBootCamp.com](http://www.GetFitBridalBootCamp.com)



Wanda McCormick  
Personal Trainer  
719-640-3182



### Get Fit, Get Serious & Look Great on that Special day !

- Define your mid-section
- Get those slender abs & hips you've always dreamed of
- Show off those shapely shoulders & back
- Lose weight & inches
- Feel great

*...You'll look amazing*